



# Review of Systems

---

## GENERAL

- Poor appetite       Poor sleep       Chills       Sweat easily  
 Heavy appetite       Heavy sleep       Cold back       Night sweats  
 Change in appetite       Insomnia       Cold feet       Fevers  
 Cravings       Fatigue       Cold hands       Bleed or bruise easily (where) \_\_\_\_\_  
 Peculiar tastes/smells       Sudden energy drop at \_\_\_\_\_ (time) \_\_\_\_\_  
 Strong thirst (cold/hot drinks)
- 

## SKIN AND HAIR

- Eczema       Dandruff  
 Hives       Pimples       Loss of hair  
 Itching       Ulcerations       Change in hair/skin texture  
 Rashes       Purpura
- 

## HEAD, EYES, EARS, NOSE AND THROAT

- Glasses       Eye pain       Ear aches       Facial pain       Recurrent sore throats  
 Dizziness       Contacts       Eye strain       Poor hearing       Jaw clicks       Dry mouth  
 Concussions       Cataracts       Color blindness       Ringing in ears       Teeth problems       Dry throat  
 Migraines       Blurry vision       Night blindness       Sinus problems       Grinding teeth       Mucus  
 Poor vision       Spots in eyes       Nose bleeds       Gum problems       Copious saliva  
 Sores on lips or tongue  
  
 Headaches (where and when)
- 

## CARDIOVASCULAR

- High blood pressure       Low blood pressure       Chest Pain       Irregular heartbeat  
 Fainting       Swelling in hands/feet       Blood clots       Phlebitis  
 Other \_\_\_\_\_
- 

## RESPIRATORY

- Cough       Coughing blood       Asthma       Bronchitis       Pneumonia  
 Difficulty in breathing       Tight chest       Production of phlegm; what color \_\_\_\_\_
- 

## GASTROINTESTINAL

- Nausea       Sensitive abdomen       Bowel Movement:  
 Vomiting       Pain or cramps       Constipation       Laxative use: \_\_\_\_\_/week; \_\_\_\_\_       Frequency  
 Belching       Gas       Diarrhea       Black stools       Color  
 Bad breath       Hemorrhoids       Rectal pain       Bloody stools       Odor  
 \_\_\_\_\_       Texture/form
- 

## GENITO-URINARY

- Blood in urine       Unable to hold urine       Kidney stones  
 Frequent urination       Pain on urination       Wake up to urinate; how often \_\_\_\_\_       Venereal disease  
 Urgency to urinate       Impotence  
 Other G/U problems \_\_\_\_\_
- 

## PREGNANCY AND GYNECOLOGY

- Number pregnancies       Number births       Premature births       Miscarriages       Age at first menses       Period (days)  
 Duration of period       Irregular periods       Flow (describe)       Clots       Last PAP \_\_\_\_\_       Last menses \_\_\_\_\_  
 Vaginal discharge       Vaginal sores       Breast lumps       Menopause       Birth control, type/duration \_\_\_\_\_  
 Changes in body/psyche prior to menstruation \_\_\_\_\_
- 

## MUSCULOSKELETAL

- Muscle pain       Neck pain       Back pain (where) \_\_\_\_\_       Joint pains (where) \_\_\_\_\_  
 Other joint or bone problems \_\_\_\_\_
-

